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# Role of NLRP3 in Patients Infected with Toxoplasma Gondii Parasite

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**Abstract**---The study was conducted on 350 aborted women and 30 healthy women who have visited AL-Zahra maternity and paediatrics hospital in AL-Najaf province from November from August to January 2022. This study was designed to determine the effects of *T. gondii* infection on some parameters such as NLRP3, IL-18, IL-1 $\beta$  and TNF-a, The results showed a significant elevation (P<0.001) in serum concentration of The current study revealed that serum concentration of NLRP3 (ng/ml), IL-18 (pg/ml), IL-1 $\beta$  (pg/ml) and TNF-a (pg/ml) in patients infected with *Toxoplasma gondii* were significant increase (P< 0.001) (46. 21642 ± 0.524 ng/ml), (474. 12338± 0.906 pg/ml), (15. 41450±0.218 pg/ml), (25.4145065284 ± 0.218232 pg/ml) in compared to the control group (9.701792 ± 0.555 ng/ml), (97.107565 ± 0. 700 pg/ml), (4.129558 ± 0.190 pg/ml), (6.45839 ± 0. 220 pg/ml). The current study has concluded that the infection with *T. gondii* affects the body's immunity by NLRP3, IL-18, IL-1 $\beta$  and TNF-a.

Keywords---Toxoplasma gondii, IgG, NLRP3, Kufa, abortion.

# Introduction

Toxoplasma gondii is an intracellular primary parasitic infection that affects onethird of the world's population, immunocompetent people have it settle inside their heads. It is an intracellular parasite of the Felidae family that has intermediate hosts in humans (Arling *et al.*, 2009); in immunocompromised patients, it is usually asymptomatic (Jiang *et al.*, 2013). Toxoplasma parasite infects mammals, birds, and reptiles, attacking the central nervous system (CNS) first before spreading to the skeletal muscles and reproductive system (Butty, 2009). This parasite causes acquired toxoplasmosis and is particularly harmful in immunocompromised people, AIDS patients, and organ transplant recipients. Congenital toxoplasmosis occurs in the fetuses of a variety of wild and domestic animals, including sheep, goats, and pigs (Kong *et al.*, 2012). Toxoplasma

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parasite strains are classified into three genotypes (types I, II, and III) based on their virulence in mice, and their pathogenicity varies depending on the host. The first type is primarily isolated from humans, whereas the second type is found in severe cases of infection (El-Fadaly et al., 2012). Ingesting Toxoplasma oocysts or tissue cysts, also known as bradyzoites, from a previously infected intermediate host infects hosts. Toxoplasma enters the small intestine, quickly changing to the tachyzoite form and causing inflammation (Dubey et al., 1998). In two ways, this procedure triggers an immune response that is important to the parasite's life cycle. Toxoplasma infects and multiplies invading immune cells first (Courret et al., 2006; Saleem et al., 2019). The parasite disseminates throughout the body via immune cells, reaching tissue areas that support persistent infection, including as the brain, muscle, and other tissues (Bierly et al., 2008). Second, parasites transition to a bradyzoite transcriptional pathway and most tachyzoites are cleared during chronic infection. This entails the creation of a saccharide-rich parasite cyst wall, which is required for the parasite to survive transit through the next host's gastrointestinal tract (Bierly et al., 2008; Gregg et al., 2013). As a result, without a strong immune response, the parasite kills the host before the shift occurs, limiting the possibility of transmission. Toxoplasma and the NLRP1 and NLRP3 inflammasomes are recognized by innate immune sensors such as Toll-like receptors. Toxoplasma detection by the innate immune system increases the release of IL-12, the synthesis of IFN- y by NK cells, and a Th1 polarized adaptive immunological response (Sher et al., 1993; Hunter et al., 1994). The cytokines in the interleukin-1 (IL-1) family, particularly IL-1 $\alpha$ , IL-1 $\beta$  and IL-18, are required for initiating and enhancing innate and adaptive immune responses in cells such as epithelial and endothelial cells (Sims & Smith, 2010). Inflammasomes control the action of numerous IL-1 cytokines, multi-protein synthesis, and microbial infection resistance. Innate immune cells such as macrophages, dendritic cells, monocytes, and non-hematopoietic immune complexes create these cytokines, which are controlled by the intracellular cysteine protease caspase-1, which cleaves and activates immature forms of these cytokines (Netea et al., 2015). Inflammasomes promote type 1 immune responses by secreting IL-1 and IL-18, which aid immune defense against tiny, easily phagocytozed pathogenic microorganisms (McIntire et al., 2009; Strowig et al., 2012; Arbore et al., 2016). The Pyrin Domain Containing 3 (NLRP3) inflammasome, which belongs to the nod-like receptor (NLR) family, is the most well-studied inflammasome and is required for immunity against bacteria (Muruve et al., 2008; Broz et al., 2010), viruses (Allen et al., 2009; Thomas et al., 2009; Kamada et al., 2014), protozoan parasit (Hise et al., 2009). Other antimicrobial defense inflammasomes, such as NLRP1, AIM2, and NLRC4, are also important (Rathinam et al., 2010; Tomalka et al., 2011; Ewald et al., 2014).

#### The subjects

The study was conducted on 350 suspected patients with *T. gondii* parasites and 30 healthy people as control groups. The institutional ethics committee approved collecting samples of the faculty of science at the University of Kufa, and all participants signed informed consent forms. Toxo specific IgM and IgG methods examine all suspected samples. These samples were collected from suspected patients who attended the AL-Zahra maternity and paediatrics hospital in AL-Najaf province from August to January 2022.

# **Blood Specimens collection**

Only 60 positive samples out of 350 suspected patients and 30 healthy people attended the AL-Zahra maternity and paediatrics hospital clinics in AL-Najaf province from August to January 2022. The blood samples were taken from patients via vein puncture into test tubes and kept at room temperature for 30 minutes. After that, the samples were centrifuged at 3000 rpm for 5 minutes (Backman/counter, Germany) to separate the serum and collected in other sterile tubes; each sample of serum was divided into five parts and kept in deep freeze at -20C until utilized for NLRP3, IL-18, IL-1 $\beta$  and TNF- $\alpha$ .

# The Kits

The biomarkers in the current study were estimated by Eliza Kits such as Human NLRP3 ELISA/ Elabscience / (Catalog No: E-EL-H2557), Human Interleukin-18 (IL-18) ELISA/ Elabscience / (Catalog No: E-EL-H0253), Human Interleukin-1 $\beta$  (IL-1 $\beta$ ) ELISA/ Elabscience / (Catalog No: E-EL-H0149), Human Tumer necrosis factor-  $\alpha$  (TNF- $\alpha$ ) ELISA/ Elabscience / (Catalog No: E-EL-H0109).

# Statistical analysis

Graph pad prism for Windows (5.04, Graph pad software Inc. USA) was used to analyze the data, and the results are reported as the mean standard error (SE). A student t-test was used to examine the differences between the patient and control groups.

# Results

The current study revealed that serum concentration of NLRP3 (ng/ml), IL-18 (pg/ml), IL-1 $\beta$  (pg/ml) and TNF-a (pg/ml) in patients infected with *Toxoplasma gondii* were significant increase (P< 0.001) (46. 21642 ± 0.524 ng/ml), (474. 12338± 0.906 pg/ml), (15. 41450± 0.218 pg/ml), (25. 4145065284± 0.218232 pg/ml) in compared to the control group (9.701792 ± 0.555 ng/ml), (97.107565 ± 0. 700 pg/ml), (4.129558 ± 0. 190 pg/ml), (6.45839 ± 0. 220 pg/ml) as seen in figure (1, 2, 3, 4).

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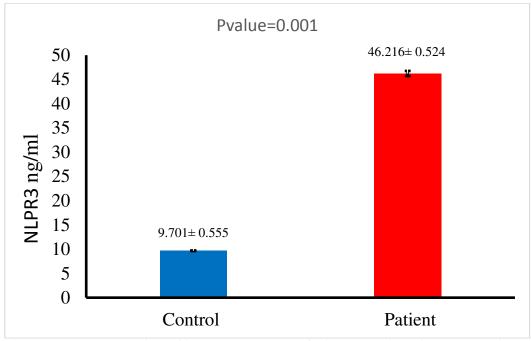


Figure 1. Concentration of human NLRP3 (pg/ml) Comparison between Patients Suffering from *Toxoplasma gondii* Infection and Control Group

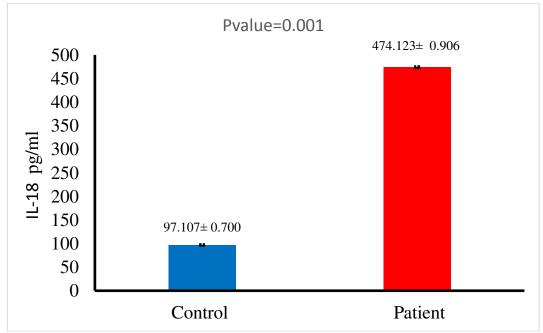


Figure 2. Concentration of interleukin-18 comparison between patients suffering from *Toxoplasma gondii* infection and control group

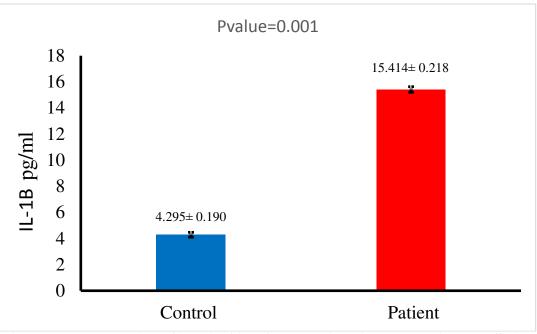


Figure 3. Concentration of interleukin-1β Comparison between Patients Suffering from *Toxoplasma gondii* Infection and control group

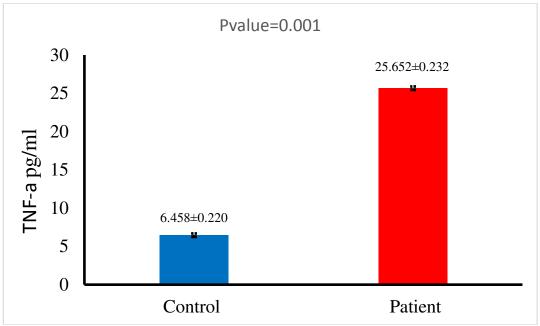


Figure 4. Concentration of TNF-a comparison between patients suffering from *Toxoplasma gondii* Infection and control group

### Discussion

Compared to the control group, the serum level of (NLRP3) patients infected with the *T. gondii* parasite increased significantly. This increase could be related to the oligomerization and recruitment of the adaptor molecule ASC, caspase-1 activation, release of the active forms of IL-1 $\beta$  and IL-18, and promotion of the cell-mediated death pathway pyroptosis when pathogen stimuli activate inflammasomes. Inflammasome recognition of pathogen ligands is thus considered an important host innate immune system for detecting invading microorganisms. According to previous research, T. gondii is identified by the NLRP1 and NLRP3 inflammasomes, resulting in the production of IL-1 $\beta$  and IL-18 in vitro and in vivo (Ewald et al., 2014; Gorfu et al., 2014). TLR identification of the parasite by DCs is also essential for IL-12 synthesis, according to research (Yarovinsky et al., 2005; Pifer et al., 2011; Andrade et al., 2013). The generation of IL-12 by T. gondii is required for a robust CD4+ TH1-derived IFN- response, which leads to the activation of IFN-mediated genes required for parasite clearance (Collazo et al., 2001; Taylor et al., 2000; Khaminets et al., 2010; Yamamoto et al., 2012). Furthermore, earlier research has demonstrated that the inflammasomedependent cytokine IL-18 might function with IL-12 during T. gondii infection, enhancing IFN- responses and aiding parasite limitation (Cai et al., 2000; Yap et al., 2001; Gorfu et al., 2014). As a result, we expected that NLRP3, ASC, or Casp1/11 loss would drastically reduce CD4+ T cell-derived IFN- responses, resulting in fast host mortality.

Two previous studies found conflicting results regarding the role of the inflammasome in *T. gondii* host immunity. Hitziger *et al.* (2005) finding are congruent with the current finding, demonstrating that inflammasome impairment does not significantly affect parasite limitation. on the other hand, Gorfu *et al.* (2014) finding, show that the lack of either the NLRP1 or NLRP3 inflammasome leads to increased parasite burden and host death.

Furthermore, both IL-1 $\beta$  and IL-1 $\hat{8}$  have been shown to increase IFN- production during *T. gondii* infection (Hunter *et al.*, 1995; Cai *et al.*, 2000). As a result, we postulated that inflammasome activation is essential for *T. gondii* resistance in humans.

Humans lack a functional TLR11, and TLR12 is absent from the human genome (Roach *et al.*, 2005); however, parasite infection in immunocompetent individuals is generally asymptomatic, suggesting that TLR11- and TLR12-independent innate recognition of *T. gondii* is sufficient for human immunity against the parasite. When TLR11-dependent immunity is lacking, both CCL2-dependent recruitment of human monocytes and NLRP1, NLRP3, ASC, and caspase-1-dependent production of IL-1 and IL-18 by these cells show that *T. gondii* triggered inflammasome activation is essential for parasite resistance (Witola *et al.*, 2010; Gov *et al.*, 2013; Gov *et al.*, 2017). The study results demonstrated a significant increase in the serum level of (IL-18) individuals infected with *T. gondii* parasites compared with the control group. It may be attributed to *T.gondii* being an intracellular parasitic protozoan that spreads via ingestion and vertical infection. Oral or intraperitoneal infection of low dosages (<20 cysts) of *T. gondii* triggered IFN- $\gamma$  production from Th1 and NK cells. However, oral infection with a larger inoculum dose (50–100 cysts) resulted in a detrimental Th1 cell response

characterized by severe small intestine necrosis induced by the overproduction of proinflammatory mediators (Liesenfeld et al., 1996). (Liesenfeld et al., 1996). On the other hand, IL-18 contributed to the development of immunopathological features in the small intestine after the oral high-dose infection of T. gondii via the activation of IFN-y production (Vossenkamper et al., 2004). (Vossenkamper et al., 2004). By this method, IL-18 operates on IL-15-dependent NKp46+ NK1.1<sup>+</sup> cells to trigger CCL3 synthesis, which is implicated in accumulating CCR1 positive inflammatory monocytes (Schulthess et al., 2012). IL-22 is also an essential cytokine for ileitis caused by T. gondii infection, maybe because of it. Intestinal epithelial cells respond to IL-22 by producing IL-18, which causes innate lymphoid cells to produce IL-22 (ILCs). This positive feedback leads to increased IFN-y production and a significant increase in neutrophil infiltration in the ileum (Munoz et al., 2015). IL-18 is a proinflammatory cytokine that increases the production of IFN- by NK and T cells and is elevated in response to infection, according to previous research (Monteleone et al., 1999; Pirhonen et al., 1999; Pizarro et al., 1999). Infection with T. gondii increases blood levels of IL-18 mRNA but not of IL-18 mRNA, according to Ghayur et al. (1997); Gu et al. (1997) these findings point to a posttranslational mechanism that controls IL-18 secretion. The elevated serum level of interleukin-18 (IL-18) this could be due to IL-18 potential to increase chemokine synthesis or upregulate adhesion molecule expression (Fehniger et al., 1999; Kohka et al., 1998). IL-18 can have both protective and pro-inflammatory effects (Dinarello, 2009). Infiltrating macrophages and lymphocytes release IL-18, which boosts Th1cell-mediated immunity and inflammation in chronic and severe colitis (Chikano et al., 2000). When intestinal epithelial cells are the predominant source of IL-18, however, it acts as a protective factor during the early, acute phase of mucosal immune responses (Takagi et al., 2003; Zaki et al., 2010). Myeloid cells and epithelial cells are the principal cellular sources of IL-18 (Egan et al., 2011). Although activation of particular innate immune signalling receptors increases IL-18 transcription in myeloid cells, in most other cells, IL-18 is thought to be constitutively produced and stored as intracellular proIL-18 protein (Kolinska et al., 2008; Nakanishi et al., 2001). Pro-inflammatory signals activate inflammasomes and caspases, causing IL-18 to be proteolytically processed to its active form, which is then released by cells via a non-classical secretion pathway (Dinarello, 2009).

According to the findings, the serum level of (IL-1 $\beta$ ) patients infected with *T.gondii* parasites increased significantly compared to the control group. May be due to IL-1 $\beta$  production contributing to host control of *T. gondii* infection (Chang *et al.*, 1990; Hunter *et al.*, 1995; Brunton *et al.*, 2000; Witola *et al.*, 2011), and we have previously shown that *T. gondii* infection of primary human monocytes induces IL-1 $\beta$  transcript production and NLRP3 inflammasome activation (Gov *et al.*, 2013; Gov *et al.*, 2017). *T. gondii* infection, on the other hand, does not activate any known human TLRs, and the signalling pathways involved in TLR-independent IL-1 $\beta$  generation during infection, especially in human cells, are yet unknown. This study shows that *T. gondii* infected primary human monocytes generated IL-1 $\beta$  via a Syk-PKC-CARD9/MALT-1-NF-B signalling pathway and triggered the NLRP3 inflammasome for IL-1 $\beta$  release from viable cells in a GSDMD-independent manner. Furthermore, we have defined discrepancies in Syk's involvement in *T. gondii* Compared to LPS-stimulated primary human monocytes, Syk was required for IL-1 $\beta$  production during *T. gondii* infection. In contrast, Syk primarily

promoted IL-1ß release in LPS-stimulated monocytes. Recent research suggests that this CD14+CD16- inflammatory monocyte population is primarily responsible for pathogenic inflammation in arthritis and sepsis (Ziegler-Heitbrock, 2015; Geng et al., 2016); The present findings support this hypothesis. Inflammatory monocytes may regulate the expression or function of receptors or signalling molecules involved in T. gondii induced IL-1ß production differently than other monocyte subsets, making them more susceptible to inflammatory stimuli. Apoptosis, an inflammatory form of cell death characterised by cell swelling and lysis, is the most well-studied release mechanism (Cookson et al., 2001). IL-1 $\beta$  can also be secreted from live cells without pyroptosis ) Evavold et al., 2018). This is true for human monocytes treated with LPS, but not for mice (Gaidt et al., 2016). The discovery and characterization of GSDMD (Kayagaki et al., 2015; Shi et al., 2015), which belongs to the inflammasome and can act as a pyroptosis effector protein by forming tiny pores in the cell membrane (He et al., 2015; Liu et al., 2016; Ding et al., 2016), provided a molecular basis for this inflammatory form of cell death. GSDMD cleavage and cell death did not appear to drive IL-1ß release from primary human monocytes in the context of T. gondii infection, as there was no difference in the percent of viable T. gondii infected or mock-infected monocytes at four hours post infection, the time when functional IL-1 $\beta$  was detected in the supernatant. Furthermore, glycine administration had little effect on T. gondii induced IL-1 $\beta$  production, despite glycine reducing ion flux and pyroptosis.

Compared to the control group, the serum level of  $(TNF-\alpha)$  patients infected with the T.gondii parasite increased significantly. In recent research, TNF- a has been implicated in the etiology of psoriasis disease (Gottlieb et al., 2005; Baliwag et al., 2015: Salvi et al., 2016). TNF-a levels in both skin lesions and blood are higher in patients with active skin disorders (Bradley et al., 2008). TNF-a is produced provisionally in the plasma membrane of cells that are subjected to antibodydependent cell cytotoxicity (ADCC) (Silva et al., 2010; Horiuchi et al., 2010). ETN contains the Fc portion of IgG1, which causes ADCC to occur (Horiuchi et al., 2010). On the other hand, Toxoplasma infection decreases the production of TNFa to begin infection (Studenicová et al., 2006). The findings of this study were similar to those of El-Hashimi et al. (2014) in Iraq, who looked at the levels of TNF- a and IL-6 in the sera of three groups of women (aborted pregnant women who were seropositive for toxoplasmosis, aborted pregnant women who were seronegative for T. gondii, and healthy uninfected women), and found a significantly higher level of T. gondü .The current findings were consistent with Al-Kady (2011) who researched Egyptian women infected with T. gondii. They observed an increase in TNF- levels in these patients compared to the healthy group. Furthermore, the current findings were congruent with those of Alfonzo et al. (2005) on toxoplasmosis infected French women, who found an increase in TNF- a compared to healthy women who were not infected with this parasite. Matowicka-Karna et al. (2009) found a substantial rise in both IL-10 and TNF- a in the sera of pregnant women infected with toxoplasmosis to women in the control group who were T. gondii seronegative. In comparison to the control group, Lang et al. (2007) found a drop in TNF- a concentration in the sera of women who were seropositive for T. gondii (non-infected women). El-Sherbini et al. (2019) investigated the gene expression profile of some pro-and anti-inflammatory cytokines in *Toxoplasma* seropositive women with various pregnancy conditions.

They found that the sera of women who had multiple abortions had higher levels of both IFN- $\gamma$  and TNF-  $\alpha$  than those who had no abortions, implying that the aborted women were in a more inflammatory state. The authors suggested that these cytokines may play a role in toxoplasmosis prognostic or therapeutic issues in pregnant women.

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